# east one cafe menu

#### Avocado Smash- 15

topped with crunchy sunflower seeds, chili flakes and lemon, served with salad add fried egg +3 gluten free upon request

# **Overnight Oats-6**

steel cut oats steeped in sweetened oat milk with seasonal fruits

# **Hot Honeyed Oats-9**

steel cut oats with honey and seasonal fruits

# **Greek Yogurt Bowl- 11**

house-made granola over yogurt, topped with seasonal fruits

#### **Mushroom Omelette-17**

mushrooms, caramelized onions and gruyere, served with green salad

## **Croissant Sandwich-10**

aged cheddar, bacon and scrambled eggs on a house-baked croissant, served with salad

## **Breakfast Burrito-16**

chorizo, home fries, scrambled eggs, avocado, cheddar, salsa roja all wrapped up and served with salad

# Tofu and Veggie Scramble Wrap- 18

seasoned tofu, mushrooms, onion, potatoes, avocado, salsa roja, served with salad

## **Grilled Cheese-16**

cheddar and gruyere with seared heirloom tomato and caramelized onion

#### **Basil Chicken Quinoa Bowl- 15**

roasted chicken, red quinoa, carrots, radish over mixed greens with basil vin make it vegan! sub chicken for marinated tofu

#### Couscous Bowl- 19

artichokes, cucumeber, cherry tomatoes, red onion, feta and fresh mint over isreali couscous and chickpeas, dressed with lemon vin

+chicken-6 +tofu-5

#### Add ons:

marinated tofu- 5 grilled chicken- 6 smoked bacon- 5 fried egg- 3 avocado- 3