Avocado Smash- 11 topped with crunchy sunflower seeds, chili flakes and lemon add fried egg +2 gluten free upon request east one cafe menu

Overnight Oats- 6 steel cut oats in steeped in sweetened oat milk

Hot Honeyed Oats- 9 steel cut oats with honey and seasonal fruits

Greek Yogurt Bowl- 9 house-made granola over yogurt, topped with seasonal fruits

Mushroom Omelette- 14 mushrooms, caramelized onions and gruyere, served with green salad

Croissant Sandwich- 10 aged cheddar, bacon and scrambled eggs on a house-baked croissant

Breakfast Burrito- 16 chorizo, home fries, scrambled eggs, avocado, cheddar, salsa roja all wrapped up

Super Salad- 15 baby lettuces, grilled artichoke hearts, tomatoes, feta, avocado, chia seeds, lemon-thyme vinagerette

Couscous Bowl- 19 roasted romanesco, confit heirloom tomato, avocado, pickled red onion, boiled egg, dressed with basil pesto (contains nuts) and served over Isreali couscous

Roasted Chicken Sandwich- 16 roasted chicken breast, daikon slaw and salsa roja

Grilled Cheese- 12 cheddar and gruyere with seared heirloom tomato and caramelized onion Add ons:

artichoke hearts- 3 grilled chicken- 4 smoked bacon- 3 fried egg- 3 avocado- 3 chorizo- 4